

Monday to Friday except bank holidays

| Service No | 70A | 70A | 70A | 70A | 70A | 70A | 70 | 70 | 70 | 70 | 70 | 70 | 70B | 70 | 70 | 70 | 70S | 70A | 70 | 70B | 70 | 70B | 70B | 70 | | |
|----------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| | | | | | | | SD | SD | SH | | | | | SD | SH | SD | SD | SD | | | | | | | | |
| Plymouth Royal Parade A3 | | | | | | | 0750 | | | 0900 | 1000 | 1100 | 1200 | 1300 | 1400 | 1400 | | | | 1500 | 1610 | 1720 | 1820 | 1955 | 2125 | 2255 |
| Plymouth Railway Station | | | | | | | 0754 | | | 0904 | 1004 | 1104 | 1204 | 1304 | 1404 | 1404 | | | | 1504 | 1614 | 1724 | 1824 | 1959 | 2129 | 2259 |
| Milehouse Alma Road | 0527 | 0557 | 0557 | 0627 | 0647 | | 0757 | | | 0907 | 1007 | 1107 | 1207 | 1307 | 1407 | 1407 | | | | 1507 | 1617 | 1727 | 1827 | 2002 | 2132 | 2302 |
| Mlehouse Road East | 0527 | 0557 | 0557 | 0627 | 0647 | | 0757 | | | 0907 | 1007 | 1107 | 1207 | 1307 | 1407 | 1407 | | | | 1507 | 1617 | 1727 | 1827 | 2002 | 2132 | 2302 |
| Stoke Village | 0530 | 0600 | 0600 | 0630 | 0650 | | 0800 | | | 0910 | 1010 | 1110 | 1210 | 1310 | 1410 | 1410 | | | | 1510 | 1620 | 1730 | 1829 | 2004 | 2134 | 2304 |
| Ferry Road top | 0535 | 0605 | 0605 | 0635 | 0655 | | 0805 | | | 0915 | 1015 | 1115 | 1215 | 1315 | 1415 | 1415 | | | | 1515 | 1625 | 1735 | 1834 | 2009 | 2139 | 2309 |
| Torpoint Ferry | 0554 | 0624 | 0624 | 0654 | 0714 | | 0824 | 0839 | | 0939 | 1039 | 1139 | 1239 | 1339 | 1439 | 1439 | | | | 1539 | 1649 | 1759 | 1854 | 2024 | 2154 | 2324 |
| Torpoint Community College | | | | | | | | | | | | | | | | | 1530 | 1530 | 1530 | | | | | | | |
| Trevol Road Roeselare Avenue | 0557 | 0627 | 0627 | 0657 | 0717 | | 0827 | 0842 | | 0942 | 1042 | 1142 | 1242 | 1342 | 1442 | 1442 | | | 1532 | 1542 | 1652 | 1802 | 1857 | 2027 | 2157 | 2327 |
| Goad Avenue Goad Close | | | | | | | 0829 | 0845 | | 0945 | 1045 | 1145 | 1245 | 1345 | 1445 | 1445 | | | | 1545 | 1655 | 1805 | 1859 | 2029 | 2159 | 2329 |
| Trevithick Avenue Kynance Close | | | | | | | 0831 | 0848 | | 0948 | 1048 | 1148 | 1248 | 1348 | 1448 | 1448 | | | | 1548 | 1658 | 1808 | 1901 | 2031 | 2201 | 2331 |
| HMS Raleigh | 0600 | 0630 | 0630 | 0700 | 0720 | | 0836 | 0900 | 0900 | 1000 | 1100 | 1200 | 1300 | 1357 | 1500 | 1500 | | | 1536 | 1600 | 1710 | 1820 | 1906 | 2036 | 2206 | 2336 |
| Antony The Carew Arms | 0603 | 0633 | | 0703 | 0723 | | 0903 | 0903 | | 1003 | 1103 | 1203 | 1303 | 1400 | | | 1503 | 1536 | 1536 | 1539 | 1603 | 1713 | 1823 | 1909 | 2039 | 2209 |
| Shevioc Church | | | | | | | | | | | | | | 1404 | | | | | | | | 1717 | | 1913 | 2043 | 2213 |
| Craffhole Kimberley Foster Close | | | | | | | | | | | | | | 1408 | | | | | | | | 1721 | | 1916 | 2046 | 2216 |
| Tregantle Fort | 0606 | 0636 | | 0706 | 0727 | | 0907 | 0907 | | 1007 | 1107 | 1207 | 1307 | 1414 | | | 1507 | 1540 | 1540 | 1543 | 1607 | 1727 | 1827 | 1920 | 2050 | |
| Whitsand Bay Holiday Park | 0614 | 0644 | | 0714 | 0735 | | 0915 | 0915 | | 1015 | 1115 | 1215 | 1315 | 1422 | | | 1515 | | 1548 | | 1615 | 1735 | 1835 | 1926 | 2056 | |
| Cawsand Triangle | 0622 | 0652 | | 0722 | 0745 | 0827 | 0925 | 0925 | | 1025 | 1125 | 1225 | 1325 | 1432 | | | 1525 | | 1557 | | 1625 | 1745 | 1845 | 1934 | 2104 | |
| Kingsand Coombe Park | 0624 | 0654 | | 0724 | 0747 | 0829 | 0927 | 0927 | | 1027 | 1127 | 1227 | 1327 | 1434 | | | 1527 | | 1559 | | 1627 | 1747 | 1847 | 1936 | 2106 | |
| Millbrook opp Garage | 0629 | 0659 | | 0729 | 0754 | 0835 | 0934 | 0934 | | 1034 | 1134 | 1234 | 1334 | 1441 | | | 1534 | 1549 | | | 1634 | 1754 | 1854 | 1941 | 2111 | |
| Insworke Crescent | 0631 | 0701 | | 0731 | 0757 | 0837 | 0937 | 0937 | | 1037 | 1137 | 1237 | 1337 | 1444 | | | 1537 | 1553 | | | 1637 | 1757 | 1857 | 1943 | 2113 | |
| Millbrook The Parade | 0633 | 0703 | | 0733 | 0800 | 0840 | 0940 | 0940 | | 1040 | 1140 | 1240 | 1340 | 1447 | | | 1540 | | | 1552 | 1640 | 1800 | 1900 | | | |
| Cremyll Edgcombe Arms | 0643 | 0713 | | 0743 | 0810 | 0850 | 0950 | 0950 | | 1050 | 1150 | 1250 | 1350 | 1457 | | | 1550 | | 1606 | 1601 | 1650 | 1810 | 1910 | | | |

Saturday

| Service No | 70A | 70A | 70A | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70B | 70B | 70B | 70 | |
|----------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Plymouth Royal Parade A3 | | | | 0800 | 0900 | 1000 | 1100 | 1200 | 1300 | 1400 | 1500 | 1600 | 1700 | 1820 | 1955 | 2125 | 2255 |
| Plymouth Railway Station | | | | 0804 | 0904 | 1004 | 1104 | 1204 | 1304 | 1404 | 1504 | 1604 | 1704 | 1824 | 1959 | 2129 | 2259 |
| Milehouse Alma Road | 0527 | 0627 | 0727 | 0807 | 0907 | 1007 | 1107 | 1207 | 1307 | 1407 | 1507 | 1607 | 1707 | 1827 | 2002 | 2132 | 2302 |
| Mlehouse Road East | 0527 | 0627 | 0727 | 0807 | 0907 | 1007 | 1107 | 1207 | 1307 | 1407 | 1507 | 1607 | 1707 | 1827 | 2002 | 2132 | 2302 |
| Stoke Village | 0530 | 0630 | 0730 | 0810 | 0910 | 1010 | 1110 | 1210 | 1310 | 1410 | 1510 | 1610 | 1710 | 1829 | 2004 | 2134 | 2304 |
| Ferry Road top | 0535 | 0635 | 0735 | 0815 | 0915 | 1015 | 1115 | 1215 | 1315 | 1415 | 1515 | 1615 | 1715 | 1834 | 2009 | 2139 | 2309 |
| Torpoint Ferry | 0554 | 0654 | 0759 | 0839 | 0939 | 1039 | 1139 | 1239 | 1339 | 1439 | 1539 | 1639 | 1739 | 1854 | 2024 | 2154 | 2324 |
| Trevol Road Roeselare Avenue | 0557 | 0657 | 0802 | 0842 | 0942 | 1042 | 1142 | 1242 | 1342 | 1442 | 1542 | 1642 | 1742 | 1857 | 2027 | 2157 | 2327 |
| Goad Avenue Goad Close | | | | 0845 | 0945 | 1045 | 1145 | 1245 | 1345 | 1445 | 1545 | 1645 | 1745 | 1859 | 2029 | 2159 | 2329 |
| Trevithick Avenue Kynance Close | | | | 0848 | 0948 | 1048 | 1148 | 1248 | 1348 | 1448 | 1548 | 1648 | 1748 | 1901 | 2031 | 2201 | 2331 |
| HMS Raleigh | 0600 | 0700 | 0805 | 0900 | 1000 | 1100 | 1200 | 1300 | 1400 | 1500 | 1600 | 1700 | 1800 | 1906 | 2036 | 2206 | 2336 |
| Antony Carew Arms | 0603 | 0703 | 0808 | 0903 | 1003 | 1103 | 1203 | 1303 | 1403 | 1503 | 1603 | 1703 | 1803 | | | | |
| Antony The Carew Arms | | | | | | | | | | | | | | 1909 | 2039 | 2209 | |
| Shevioc Church | | | | | | | | | | | | | | 1913 | 2043 | 2213 | |
| Craffhole Kimberley Foster Close | | | | | | | | | | | | | | 1916 | 2046 | 2216 | |
| Tregantle Fort | 0606 | 0706 | 0812 | 0907 | 1007 | 1107 | 1207 | 1307 | 1407 | 1507 | 1607 | 1707 | 1807 | 1920 | 2050 | | |
| Whitsand Bay Holiday Park | 0614 | 0714 | 0820 | 0915 | 1015 | 1115 | 1215 | 1315 | 1415 | 1515 | 1615 | 1715 | 1815 | 1926 | 2056 | | |
| Cawsand Triangle | 0622 | 0722 | 0830 | 0925 | 1025 | 1125 | 1225 | 1325 | 1425 | 1525 | 1625 | 1725 | 1825 | 1934 | 2104 | | |
| Kingsand Coombe Park | 0624 | 0724 | 0832 | 0927 | 1027 | 1127 | 1227 | 1327 | 1427 | 1527 | 1627 | 1727 | 1827 | 1936 | 2106 | | |
| Millbrook opp Garage | 0629 | 0729 | 0839 | 0934 | 1034 | 1134 | 1234 | 1334 | 1434 | 1534 | 1634 | 1734 | 1834 | 1941 | 2111 | | |
| Insworke Crescent | 0631 | 0731 | 0842 | 0937 | 1037 | 1137 | 1237 | 1337 | 1437 | 1537 | 1637 | 1737 | 1837 | 1943 | 2113 | | |
| Millbrook The Parade | 0633 | 0733 | 0845 | 0940 | 1040 | 1140 | 1240 | 1340 | 1440 | 1540 | 1640 | 1740 | 1840 | | | | |
| Cremyll Edgcombe Arms | 0643 | 0743 | 0855 | 0950 | 1050 | 1150 | 1250 | 1350 | 1450 | 1550 | 1650 | 1750 | 1850 | | | | |

Sunday and bank holidays

| Service No | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 |
|---------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|
| Plymouth Royal Parade A3 | 0820 | | 1020 | 1120 | 1220 | 1320 | 1420 | 1520 | 1620 | 1720 | 1820 | |
| Plymouth Railway Station | 0824 | | 1024 | 1124 | 1224 | 1324 | 1424 | 1524 | 1624 | 1724 | 1824 | |
| Milehouse Alma Road | 0657 | 0827 | 0927 | 1027 | 1127 | 1227 | 1327 | 1427 | 1527 | 1627 | 1727 | 1827 |
| Stoke Village | 0700 | 0830 | 0930 | 1030 | 1130 | 1230 | 1330 | 1430 | 1530 | 1630 | 1730 | 1830 |
| Ferry Road top | 0705 | 0835 | 0935 | 1035 | 1135 | 1235 | 1335 | 1435 | 1535 | 1635 | 1735 | 1835 |
| Torpoint Ferry Shop | 0724 | 0854 | 0954 | 1054 | 1154 | 1254 | 1354 | 1454 | 1554 | 1654 | 1754 | 1854 |
| Trevol Road Roeselare Avenue | 0727 | 0857 | 0957 | 1057 | 1157 | 1257 | 1357 | 1457 | 1557 | 1657 | 1757 | 1857 |
| Goad Avenue Murdock Road | 0729 | 0859 | 0959 | 1059 | 1159 | 1259 | 1359 | 1459 | 1559 | 1659 | 1759 | 1859 |
| Trevithick Avenue Kynance Close | 0731 | 0901 | 1001 | 1101 | 1201 | 1301 | 1401 | 1501 | 1601 | 1701 | 1801 | 1901 |
| Trevol HMS Raleigh | 0736 | 0906 | 1006 | 1106 | 1206 | 1306 | 1406 | 1506 | 1606 | 1706 | 1806 | 1906 |
| Antony The Carew Arms | 0739 | 0909 | | 1109 | | 1309 | | 1509 | | 1709 | | |
| Tregantle Fort | 0743 | 0913 | | 1113 | | 1313 | | 1513 | | 1713 | | |
| Whitsand Bay Holiday Park | 0751 | 0921 | | 1121 | | 1321 | | 1521 | | 1721 | | |
| Cawsand Triangle | 0801 | 0931 | | 1131 | | 1331 | | 1531 | | 1731 | | |
| Kingsand Coombe Park | 0803 | 0933 | | 1133 | | 1333 | | 1533 | | 1733 | | |
| Millbrook opp Garage | 0808 | 0938 | | 1138 | | 1338 | | 1538 | | 1738 | | |
| Insworke Millpool Road | 0811 | 0941 | | 1141 | | 1341 | | 1541 | | 1741 | | |
| Millbrook The Parade | 0814 | 0944 | | 1144 | | 1344 | | 1544 | | 1744 | | |
| Cremyll Edgcombe Arms | 0824 | 0954 | | 1154 | | 1354 | | 1554 | | 1754 | | |

SD Schooldays only
 SSH School Holidays only

Effective from 31 March 2024

Monday to Friday except bank holidays

| Service No | 70 | 70B | 70 | 70 | 70A | 70 | 70 | 70 | 70A | 70B | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70B | 70 | | | |
|---------------------------------|------|------|------|------|------|------|------|----|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| | | | SH | SD | SD | SD | SH | SD | | | | | | | | SD | SH | SD | | | | | | | |
| Cremyll Edgcombe Arms | 0645 | 0725 | 0725 | 0750 | 0740 | 0755 | | | 0815 | 0855 | 1000 | 1100 | 1200 | 1300 | 1400 | 1500 | 1600 | 1605 | 1700 | 1815 | 1915 | | | | |
| Millbrook opp Garage | 0655 | 0735 | 0735 | | 0750 | 0805 | | | 0905 | 1010 | 1110 | 1210 | 1310 | 1410 | 1510 | 1610 | 1615 | 1710 | 1825 | 1925 | | | | | |
| Insworke Crescent | 0658 | 0738 | 0738 | | 0753 | 0808 | | | 0908 | 1013 | 1113 | 1213 | 1313 | 1413 | 1513 | 1553 | 1613 | 1618 | 1713 | 1828 | 1928 | 1958 | 2113 | | |
| Millbrook The Parade | 0700 | 0740 | 0740 | 0802 | 0755 | 0810 | | | 0910 | 1015 | 1115 | 1215 | 1315 | 1415 | 1515 | 1555 | 1615 | 1620 | 1715 | 1830 | 1930 | 2000 | 2115 | | |
| Kingsand Coombe Park | 0704 | 0744 | 0744 | | 0759 | 0814 | | | 0822 | 0914 | 1019 | 1119 | 1219 | 1319 | 1419 | 1519 | 1559 | 1619 | 1624 | 1719 | 1834 | 1934 | 2004 | 2119 | |
| Cawsand Triangle | 0707 | 0747 | 0747 | | 0802 | 0817 | | | 0825 | 0917 | 1022 | 1122 | 1222 | 1322 | 1422 | 1522 | 1602 | 1622 | 1627 | 1722 | 1836 | 1936 | 2006 | 2121 | |
| Whitsand Bay Holiday Park | 0714 | 0754 | 0754 | | 0809 | 0824 | | | 0924 | 1029 | 1129 | 1229 | 1329 | 1429 | 1529 | 1609 | 1629 | 1634 | 1729 | 1843 | 1943 | 2013 | 2128 | | |
| Millbrook West End Terrace | | | | 0805 | | | | | | | | | | | | | | | | | | | | | |
| Higher Tregantle Farm | | | | 0811 | | | | | | | | | | | | | | | | | | | | | |
| Tregantle Fort | 0722 | 0802 | 0802 | 0813 | 0817 | 0832 | | | 0932 | 1037 | 1137 | 1237 | 1337 | 1437 | 1537 | 1617 | 1637 | 1642 | 1737 | 1850 | 1950 | 2020 | 2135 | | |
| Crafhole Kimberley Foster Close | 0726 | | | | | | | | 0936 | | | | | | | | | | | | | | 2217 | | |
| Sheviock Church | 0731 | | | | | | | | 0941 | | | | | | | | | | | | | | | | |
| Antony Village Shop | 0735 | 0805 | 0805 | 0817 | 0820 | 0835 | | | 0945 | 1040 | 1140 | 1240 | 1340 | 1440 | 1540 | 1620 | 1640 | 1645 | 1740 | 1853 | 1953 | 2023 | 2138 | 2225 | |
| Trevol HMS Raleigh | 0639 | 0739 | 0809 | 0809 | | 0839 | 0839 | | 0950 | 1045 | 1145 | 1245 | 1345 | 1445 | 1545 | 1625 | 1645 | 1650 | 1745 | 1856 | 1956 | 2026 | 2141 | 2228 | 2341 |
| Goad Avenue Murdock Road | 0642 | 0742 | 0812 | 0812 | | 0842 | 0842 | | 0954 | 1049 | 1149 | 1249 | 1349 | 1449 | 1549 | 1629 | 1649 | 1654 | 1749 | 1859 | 1959 | 2029 | 2144 | 2231 | 2344 |
| Trevithick Avenue Kynance Close | 0645 | 0745 | 0815 | 0815 | | 0845 | 0845 | | 0958 | 1053 | 1153 | 1253 | 1353 | 1453 | 1553 | 1633 | 1653 | 1658 | 1753 | 1902 | 2002 | 2032 | 2147 | 2234 | 2347 |
| Trevol Road Roeselare Avenue | 0649 | 0749 | 0819 | 0819 | | 0849 | 0849 | | 1002 | 1057 | 1157 | 1257 | 1357 | 1457 | 1557 | 1637 | 1657 | 1702 | 1757 | 1906 | 2006 | 2036 | 2151 | 2238 | 2351 |
| Torpoint Community College | | | 0820 | 0823 | 0826 | | | | | | | | | | | | | | | | | | | | |
| Torpoint Ferry Shop | 0655 | 0755 | 0825 | 0826 | | 0855 | 0855 | | 1008 | 1105 | 1205 | 1305 | 1405 | 1505 | 1605 | 1645 | 1705 | 1710 | 1805 | 1912 | 2012 | 2042 | 2157 | 2244 | 2357 |
| Pottery Road for Torpoint Ferry | 0711 | 0811 | 0841 | 0841 | | 0911 | 0911 | | 1026 | 1126 | 1226 | 1326 | 1426 | 1526 | 1626 | 1706 | 1726 | 1726 | 1826 | 1925 | 2025 | 2055 | 2210 | 2310 | 0010 |
| Stoke Indian Inn | 0717 | 0817 | 0847 | 0847 | | 0917 | 0917 | | 1032 | 1132 | 1232 | 1332 | 1432 | 1532 | 1632 | 1712 | 1732 | 1732 | 1832 | 1929 | 2029 | 2059 | 2214 | 2314 | 0014 |
| Milehouse Road East | 0719 | 0819 | 0849 | 0849 | | 0919 | 0919 | | 1034 | 1134 | 1234 | 1334 | 1434 | 1534 | 1634 | 1714 | 1734 | 1734 | 1834 | 1931 | 2031 | 2101 | 2216 | 2315 | 0015 |
| Milehouse Bus Depot | | | | | | | | | | | | | | | | | | | | | | | | 2317 | 0017 |
| Milehouse Central Park | 0720 | 0820 | 0850 | 0850 | | 0920 | 0920 | | 1035 | 1135 | 1235 | 1335 | 1435 | 1535 | 1635 | 1715 | 1735 | 1735 | 1835 | 1932 | 2032 | 2102 | 2217 | | |
| Plymouth Railway Station | 0723 | 0823 | 0853 | 0853 | | 0923 | 0923 | | 1038 | 1138 | 1238 | 1338 | 1438 | 1538 | 1638 | 1718 | 1738 | 1738 | 1838 | 1934 | 2034 | 2104 | 2219 | | |
| Plymouth Royal Parade | 0730 | 0830 | 0900 | 0900 | | 0930 | 0930 | | 1045 | 1145 | 1245 | 1345 | 1445 | 1545 | 1645 | 1725 | 1745 | 1745 | 1845 | 1939 | 2039 | 2109 | 2224 | | |

Saturday

| Service No | 70 | 70B | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70B | 70 | | |
|---------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Cremyll Edgcombe Arms | 0645 | 0755 | 0900 | 1000 | 1100 | 1200 | 1300 | 1400 | 1500 | 1600 | 1700 | 1800 | 1900 | | | | | | |
| Millbrook opp Garage | 0655 | 0805 | 0910 | 1010 | 1110 | 1210 | 1310 | 1410 | 1510 | 1610 | 1710 | 1810 | 1910 | | | | | | |
| Insworke Crescent | 0658 | 0808 | 0913 | 1013 | 1113 | 1213 | 1313 | 1413 | 1513 | 1613 | 1713 | 1813 | 1913 | 1958 | 2113 | | | | |
| Millbrook The Parade | 0700 | 0810 | 0915 | 1015 | 1115 | 1215 | 1315 | 1415 | 1515 | 1615 | 1715 | 1815 | 1915 | 2000 | 2115 | | | | |
| Kingsand Coombe Park | 0704 | 0814 | 0919 | 1019 | 1119 | 1219 | 1319 | 1419 | 1519 | 1619 | 1719 | 1819 | 1919 | 2004 | 2119 | | | | |
| Cawsand Triangle | 0707 | 0817 | 0922 | 1022 | 1122 | 1222 | 1322 | 1422 | 1522 | 1622 | 1722 | 1821 | 1921 | 2006 | 2121 | | | | |
| Whitsand Bay Holiday Park | 0714 | 0824 | 0929 | 1029 | 1129 | 1229 | 1329 | 1429 | 1529 | 1629 | 1729 | 1828 | 1928 | 2013 | 2128 | | | | |
| Tregantle Fort | 0722 | 0832 | 0937 | 1037 | 1137 | 1237 | 1337 | 1437 | 1537 | 1637 | 1737 | 1835 | 1935 | 2020 | 2135 | | | | |
| Crafhole Kimberley Foster Close | 0726 | | | | | | | | | | | | | | | | 2217 | | |
| Sheviock Church | 0731 | | | | | | | | | | | | | | | | | | |
| Antony Village Shop | 0735 | 0835 | 0940 | 1040 | 1140 | 1240 | 1340 | 1440 | 1540 | 1640 | 1740 | 1838 | 1938 | 2023 | 2138 | 2225 | | | |
| Trevol HMS Raleigh | 0639 | 0739 | 0839 | 0945 | 1045 | 1145 | 1245 | 1345 | 1445 | 1545 | 1645 | 1745 | 1841 | 1941 | 2026 | 2141 | 2228 | 2341 | |
| Goad Avenue Murdock Road | 0642 | 0742 | 0842 | 0949 | 1049 | 1149 | 1249 | 1349 | 1449 | 1549 | 1649 | 1749 | 1844 | 1944 | 2029 | 2144 | 2231 | 2344 | |
| Trevithick Avenue Kynance Close | 0645 | 0745 | 0845 | 0953 | 1053 | 1153 | 1253 | 1353 | 1453 | 1553 | 1653 | 1753 | 1847 | 1947 | 2032 | 2147 | 2234 | 2347 | |
| Trevol Road Roeselare Avenue | 0649 | 0749 | 0849 | 0957 | 1057 | 1157 | 1257 | 1357 | 1457 | 1557 | 1657 | 1757 | 1851 | 1951 | 2036 | 2151 | 2238 | 2351 | |
| Torpoint Ferry Shop | 0655 | 0755 | 0855 | 1005 | 1105 | 1205 | 1305 | 1405 | 1505 | 1605 | 1705 | 1805 | 1857 | 1957 | 2042 | 2157 | 2244 | 2357 | |
| Pottery Road for Torpoint Ferry | 0711 | 0811 | 0911 | 1026 | 1126 | 1226 | 1326 | 1426 | 1526 | 1626 | 1726 | 1826 | 1910 | 2010 | 2055 | 2210 | 2310 | 0010 | |
| Stoke Indian Inn | 0717 | 0817 | 0917 | 1032 | 1132 | 1232 | 1332 | 1432 | 1532 | 1632 | 1732 | 1832 | 1914 | 2014 | 2059 | 2214 | 2314 | 0014 | |
| Milehouse Road East | 0719 | 0819 | 0919 | 1034 | 1134 | 1234 | 1334 | 1434 | 1534 | 1634 | 1734 | 1834 | 1916 | 2016 | 2101 | 2216 | 2315 | 0015 | |
| Milehouse Bus Depot | | | | | | | | | | | | | | | | | | 2317 | 0017 |
| Milehouse Central Park | 0720 | 0820 | 0920 | 1035 | 1135 | 1235 | 1335 | 1435 | 1535 | 1635 | 1735 | 1835 | 1917 | 2017 | 2102 | 2217 | | | |
| Plymouth Railway Station | 0723 | 0823 | 0923 | 1038 | 1138 | 1238 | 1338 | 1438 | 1538 | 1638 | 1738 | 1838 | 1919 | 2019 | 2104 | 2219 | | | |
| Plymouth Royal Parade | 0730 | 0830 | 0930 | 1045 | 1145 | 1245 | 1345 | 1445 | 1545 | 1645 | 1745 | 1845 | 1924 | 2024 | 2109 | 2224 | | | |

Sunday and bank holidays

| Service No | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | 70 | |
|---------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|
| Cremyll Edgcombe Arms | 0825 | 1025 | 1225 | 1425 | 1625 | 1755 | | | | | | |
| Millbrook opp Garage | 0835 | 1035 | 1235 | 1435 | 1635 | 1805 | | | | | | |
| Insworke Millpool Road | 0838 | 1038 | 1238 | 1438 | 1638 | 1808 | | | | | | |
| Millbrook The Parade | 0840 | 1040 | 1240 | 1440 | 1640 | 1810 | | | | | | |
| Kingsand Coombe Park | 0844 | 1044 | 1244 | 1444 | 1644 | 1814 | | | | | | |
| Cawsand Triangle | 0847 | 1047 | 1247 | 1447 | 1647 | 1817 | | | | | | |
| Whitsand Bay Holiday Park | 0854 | 1054 | 1254 | 1454 | 1654 | 1824 | | | | | | |
| Tregantle Fort | 0902 | 1102 | 1302 | 1502 | 1702 | 1832 | | | | | | |
| Antony The Carew Arms | 0905 | 1105 | 1305 | 1505 | 1705 | 1835 | | | | | | |
| Trevol HMS Raleigh | 0909 | 1109 | 1209 | 1309 | 1409 | 1509 | 1609 | 1709 | 1809 | 1839 | 1909 | |
| Goad Avenue Murdock Road | 0912 | 1012 | 1112 | 1212 | 1312 | 1412 | 1512 | 1612 | 1712 | 1812 | 1842 | 1912 |
| Trevithick Avenue Kynance Close | 0915 | 1015 | 1115 | 1215 | 1315 | 1415 | 1515 | 1615 | 1715 | 1815 | 1845 | 1915 |
| Trevol Road Roeselare Avenue | 0919 | 1019 | 1119 | | | | | | | | | |