

Monday to Friday except for bank holidays

Service No	GCB 2	FIRST U4	FIRST U4	GCB 2	FIRST U4	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2
		SH	SD	SH	SH	SD																
Falmouth The Moor A		0625	0625		0730	0730				0829			0930			1035					1135	
Penryn Seven Stars		0635	0635		0740	0740				0841			0941			1045					1145	
Tremough Falmouth Uni Penryn Campus		0641	0641		0746	0746				0848			0948			1052					1152	
Mabe Burnthouse Bus Shelter						0751																
Rame Bus Shelter		0648	0648		0758	0758				0856			0956			1100					1200	
Helston Community College Bus Bays						0815																
Helston Sainsbury's				0735						0900			1000			1100					12000	
Helston Tesco	0605	0706	0706	0738	0811	0821			0903	0912			1003	1012		1103	1116			1203	1216	
Helston Blue Anchor	0610	0715	0715	0743	0820	0830			0908	0921			1008	1021		1108	1125			1208	1225	
Porthleven Harbour Bus Shelter	0620	0726	0726	0753	0831	0841			0918	0933			1018	1033		1118	1137			1218	1237	
Ashton Lion & Lamb	0628	0734	0734	0801	0839	0849			0926	0941			1026	1041		1126	1145			1226	1245	
Praa Sands Parc Morrep		0741	0741		0846				0937	0948			1037	1048		1137	1152			1237	1252	
Rosudgeon Falmouth Packet Inn	0639	0747	0747	0810	0852	0856			0944	0955			1044	1055		1144	1159			1244	1259	
Goldsithney Collygree Parc		0752	0752	0816	0857	0900	0930	0950	1000	1030	1050	1100	1130	1150	1203	1230	1250	1303	1330			
Marazion The Square	0645	0802	0802	0821	0909	0912	0935	0955	1012	1035	1055	1112	1135	1155	1215	1235	1255	1315	1335			
Long Rock Mexico Inn	0650	0808	0807	0826	0915	0918	0940	1000	1018	1040	1100	1118	1140	1200	1221	1240	1300	1321	1340			
Penzance Humphry Davy School			0816																			
Penzance Bus Station	0657	0817	0826	0832	0924	0927	0946	1006	1026	1046	1106	1126	1146	1206	1230	1246	1306	1330	1346			

continued from above

Service No	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	FIRST U4	GCB 2A	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	FIRST U4	FIRST U4	FIRST U4
						SH	SD	SH	SD	SD									
Falmouth The Moor A		1240			1340			1445	1445				1545			1655	1800	2000	2200
Penryn Seven Stars		1250			1350			1455	1455				1557			1707	1810	2010	2210
Tremough Falmouth Uni Penryn Campus		1257			1357			1502	1502				1604			1714	1817	2017	2217
Rame Bus Shelter		1305			1405			1510	1510				1613			1723	1825	2025	2225
Helston Community College Bus Bays								1528											
Helston Sainsbury's	1300			1400		1500						1620			1720				
Helston Tesco	1303	1321		1403	1421	1503		1527	1537	1558		1623	1629		1723	1739	1840	2040	2240
Helston Blue Anchor	1308	1330		1408	1430	1508		1536	1546	1603		1628	1638		1728	1747	1847	2047	2247
Porthleven Harbour Bus Shelter	1318	1342		1418	1442	1518		1548	1558	1613		1638	1650		1738	1758	1857	2057	2257
Ashton Lion & Lamb	1326	1350		1426	1450	1526	1540	1556	1606	1621		1646	1658		1746	1806	1905	2105	2305
Praa Sands Parc Morrep	1337	1357			1457	1537		1603	1613			1657	1705		1757	1813	1911	2111	2311
Rosudgeon Falmouth Packet Inn	1344	1404		1435	1504	1544	1549	1610	1620	1632		1704	1712		1804	1820	1917	2117	2317
Goldsithney Collygree Parc	1350	1408	1430	1441	1508	1550	1555	1614	1624		1650	1710	1716	1750	1810	1824	1921	2121	2321
Marazion The Square	1355	1420	1435	1446	1520	1555	1600	1625	1635	1638	1655	1715	1726	1755	1815	1833	1929	2129	2329
Long Rock Mexico Inn	1400	1426	1440	1451	1526	1600	1605	1631	1641	1643	1700	1720	1731	1800	1820	1838	1934	2134	2334
Penzance Bus Station	1406	1435	1446	1457	1535	1606	1611	1640	1650	1650	1706	1726	1739	1806	1826	1845	1941	2141	2341

Saturday

Service No	GCB 2	FIRST U4	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4
Falmouth The Moor A		0630		0730			0830			0930			1035			1135						1240
Penryn Seven Stars		0640		0740			0840			0940			1046			1146						1251
Tremough Falmouth Uni Penryn Campus		0646		0746			0847			0947			1053			1153						1258
Rame Bus Shelter		0653		0753			0855			0955			1101			1201						1306
Helston Sainsbury's			0735			0900				1000			1100			1200						1300
Helston Tesco	0605	0709	0738	0809		0903	0911			1003	1011		1103	1117		1203	1217			1303	1322	
Helston Blue Anchor	0610	0717	0743	0817		0908	0920			1008	1020		1108	1126		1208	1226			1308	1331	
Porthleven Harbour Bus Shelter	0620	0728	0753	0829		0918	0932			1018	1032		1118	1138		1218	1238			1318	1343	
Ashton Lion & Lamb	0628	0736	0801	0837		0926	0940			1026	1040		1126	1146		1226	1246			1326	1351	
Praa Sands Parc Morrep		0743		0844		0937	0947			1037	1047		1137	1153		1237	1253			1337	1358	
Rosudgeon Falmouth Packet Inn	0639	0750	0810	0851		0944	0954			1044	1054		1144	1200		1244	1300			1344	1405	
Goldsithney Collygree Parc		0755	0816	0856	0930	0950	0959	1030	1050	1059	1130	1150	1204	1230	1250	1304	1330	1350	1409			
Marazion The Square	0645	0805	0821	0906	0935	0955	1011	1035	1055	1111	1135	1155	1216	1235	1255	1316	1335	1355	1421			
Long Rock Mexico Inn	0650	0811	0826	0912	0940	1000	1017	1040	1100	1117	1140	1200	1222	1240	1300	1322	1340	1400	1427			
Penzance Bus Station	0657	0819	0832	0920	0946	1006	1025	1046	1106	1125	1146	1206	1231	1246	1306	1331	1346	1406	1435			

continued from above

Effective from 31 August 2025

Service No	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	FIRST U4	FIRST U4	FIRST U4
Falmouth The Moor A			1340			1445			1545			1655	1800	2000	2200
Penryn Seven Stars			1351			1456			1556			1705	1810	2010	2210
Tremough Falmouth Uni Penryn Campus			1358			1503			1603			1712	1817	2017	2217
Rame Bus Shelter			1406			1511			1612			1721	1825	2025	2225
Helston Sainsbury's		1400			1500			1620			1720				
Helston Tesco		1403	1422		1503	1527		1623	1628		1723	1737	1840	2040	2240
Helston Blue Anchor		1408	1431		1508	1535		1628	1636		1728	1745	1847	2047	2247
Porthleven Harbour Bus Shelter		1418	1443		1518	1547		1638	1647		1738	1756	1857	2057	2257
Ashton Lion & Lamb		1426	1451		1526	1555		1646	1655		1746	1804	1905	2105	2305
Praa Sands Parc Morrep			1458		1537	1602		1657	1702		1757	1811	1911	2111	2311
Rosudgeon Falmouth Packet Inn		1435	1505		1544	1609		1704	1709		1804	1818	1917	2117	2317
Goldsithney Collygree Parc	1430	1441	1509	1530	1550	1613	1650	1710	1713	1750	1810	1822	1921	2121	2321
Marazion The Square	1435	1446	1521	1535	1555	1624	1655	1715	1723	1755	1815	1831	1929	2129	2329
Long Rock Mexico Inn	1440	1451	1527	1540	1600	1629	1700	1720	1728	1800	1820	1836	1934	2134	2334
Penzance Bus Station	1446	1457	1535	1546	1606	1637	1706	1726	1736	1806	1826	1843	1941	2141	2341

SD Schooldays only

SH School Holidays only

GCB These journeys are operated by Go Cornwall Bus

FIRST These journeys are operated by First Bus

Monday to Friday except for bank holidays

Service No	FIRST U4	GCB 2A	GCB 2	FIRST U4	FIRST U4	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4
		SD	SH	SD	SH	SH													
Penzance Bus Station	0630	0700	0705	0720	0730	0800	0835	0850	0910	0935	0950	1010	1035	1050	1110	1135	1150	1210	1240
Long Rock Mexico Inn	0636	0707	0712	0726	0736	0807	0842	0857	0917	0942	0957	1017	1042	1057	1117	1142	1157	1217	1247
Marazion The Square	0641	0712	0717	0731	0741	0812	0847	0902	0922	0947	1002	1022	1047	1102	1122	1147	1202	1222	1252
Goldsithney Collygree Parc	0648			0738	0748		0856			0956			1057			1157			1302
Rosudgeon Falmouth Packet Inn	0652	0717	0722	0742	0752	0817	0900		0927	1000		1027	1101		1127	1201		1227	1306
Praa Sands Parc Morrep	0700				0800		0908	0923		1008	1023		1108	1123		1208	1223		1314
Ashton Lion & Lamb	0707	0729	0734	0750	0807	0829	0916	0931		1016	1031		1116	1131		1216	1231		1322
Porthleven Harbour Bus Shelter	0717	0737	0742	0800	0817	0837	0926	0939		1026	1039		1126	1139		1226	1239		1332
Helston Seven Stars	0730	0748	0757	0813	0830	0852	0938	0950		1038	1050		1138	1150		1238	1250		1345
Helston Community College Bus Bays				0819															
Helston Tesco	0737	0753	0802	0823	0837	0857	0945	0955		1045	1055		1146	1155		1246	1255		1353
Helston Sainsbury's								0958			1058			1158			1258		
Rame Bus Shelter	0750			0836	0850		0957			1057			1159			1259			1406
Tremough Falmouth Uni Penryn Campus	0758			0844	0858		1005			1105			1207			1307			1414
Penryn Spar	0805			0852	0906		1012			1112			1215			1315			1421
Falmouth The Moor A	0818			0905	0919		1026			1126			1229			1329			1434

continued from above

Service No	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	FIRST SH	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	FIRST U4	FIRST U4
							SD												
Penzance Bus Station	1250	1310	1340	1350	1410	1420	1445	1450	1510	1545	1610	1630	1700	1710	1730	1800	1830	2000	2200
Long Rock Mexico Inn	1257	1317	1347	1357	1417	1427	1452	1457	1517	1552	1617	1637	1707	1717	1737	1806	1837	2006	2206
Marazion The Square	1302	1322	1352	1402	1422	1432	1457	1502	1522	1558	1622	1642	1713	1722	1742	1811	1842	2010	2210
Goldsithney Collygree Parc			1402			1442	1507			1607			1722			1819		2017	2217
Rosudgeon Falmouth Packet Inn		1327	1406		1427	1446	1511		1527	1611		1647	1726		1747	1823		2021	2221
Praa Sands Parc Morrep	1323		1414	1423			1519	1523		1619	1643		1733	1743		1830	1903	2028	2228
Ashton Lion & Lamb	1331		1422	1431		1454	1527	1531		1627	1651		1741	1751		1837		2035	2235
Porthleven Harbour Bus Shelter	1339		1432	1439		1504	1537	1539		1637	1659		1750	1759		1846		2043	2243
Helston Seven Stars	1350		1445	1450		1517	1550	1550		1650	1710		1802	1810		1858		2055	2255
Helston Community College Bus Bays						1526													
Helston Tesco	1355		1453	1455		1536	1558	1555		1657	1715		1809	1815		1905		2101	2301
Helston Sainsbury's	1358			1458			1558	1558			1718			1818					
Rame Bus Shelter			1506			1549	1611			1710			1822			1917		2113	2313
Mabe Burnthouse Bus Shelter						1556													
Tremough Falmouth Uni Penryn Campus			1514			1602	1619			1718			1829			1924		2120	2320
Penryn Spar			1521			1609	1626			1725			1836			1931		2127	2327
Falmouth The Moor A			1534			1622	1639			1737			1848			1943		2138	2338

Saturday

Service No	FIRST U4	GCB 2	FIRST U4	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2
Penzance Bus Station	0630	0705	0730	0800	0835	0850	0910	0935	0950	1010	1035	1050	1110	1135	1150	1210	1240	1250	1310
Long Rock Mexico Inn	0636	0712	0736	0807	0842	0857	0917	0942	0957	1017	1042	1057	1117	1142	1157	1217	1247	1257	1317
Marazion The Square	0641	0717	0741	0812	0847	0902	0922	0947	1002	1022	1047	1102	1122	1147	1202	1222	1252	1302	1322
Goldsithney Collygree Parc	0648		0748		0856	0909	0930	0956	1009	1030	1057	1109	1130	1157	1209	1230	1302	1309	1330
Rosudgeon Falmouth Packet Inn	0652	0723	0752	0818	0900	0915	1000	1015		1051	1115		1201	1215		1306	1315		
Praa Sands Parc Morrep	0700		0800		0908	0923	1008	1023		1108	1123		1208	1223		1314	1323		
Ashton Lion & Lamb	0707	0734	0807	0829	0916	0931	1016	1031		1116	1131		1216	1231		1322	1331		
Porthleven Harbour Bus Shelter	0717	0742	0817	0837	0926	0939	1026	1039		1126	1139		1226	1239		1332	1339		
Helston Seven Stars Dep	0730	0757	0830	0852	0938	0950	1038	1050		1138	1150		1238	1250		1345	1350		
Helston Tesco	0737	0802	0837	0857	0945	0955	1045	1055		1146	1155		1246	1255		1353	1355		
Helston Sainsbury's						0958		1058			1158			1258			1358		
Rame Bus Shelter	0750		0850		0957		1057			1159			1259			1406			
Tremough Falmouth Uni Penryn Campus	0758		0858		1005		1105			1207			1307			1414			
Penryn Spar	0805		0906		1012		1112			1215			1315			1421			
Falmouth The Moor A	0818		0919		1026		1126			1229			1329			1434			

continued from above

Service No	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	GCB 2	FIRST U4	GCB 2	FIRST U4	FIRST U4
Penzance Bus Station	1340	1350	1410	1445	1450	1510	1545	1610	1630	1700	1710	1730	1800	1830	2000	2200
Long Rock Mexico Inn	1347	1357	1417	1452	1457	1517	1552	1617	1637	1707	1717	1737	1806	1837	2006	2206
Marazion The Square	1352	1402	1422	1457	1502	1522	1558	1622	1642	1713	1722	1742	1811	1842	2010	2210
Goldsithney Collygree Parc	1402	1409	1430	1507	1509	1530	1607	1629	1650	1722	1729	1750	1819	1849	2017	2217
Rosudgeon Falmouth Packet Inn	1406	1415		1511	1515		1611	1635		1726	1735		1823	1855	2021	2221
Praa Sands Parc Morrep	1414	1423		1519	1523		1619	1643		1733	1743		1830	1903	2028	2228
Ashton Lion & Lamb	1422	1431		1527	1531		1627	1651		1741	1751		1837		2035	2235
Porthleven Harbour Bus Shelter	1432	1439		1537	1539		1637	1659		1750	1759		1846		2043	2243
Helston Seven Stars Dep	1445	1450		1550	1550		1650	1710		1802	1810		1858		2055	2255
Helston Tesco	1453	1455		1558	1555		1657	1715		1809	1815		1905		2101	2301
Helston Sainsbury's		1458			1558			1718			1818					
Rame Bus Shelter	1506			1611			1710			1822			1917		2113	2313
Tremough Falmouth Uni Penryn Campus	1514			1619			1718			1829			1924		2120	2320
Penryn Spar	1521			1626			1725			1836			1931		2127	2327
Falmouth The Moor A	1534			1639			1737			1848			1943		2138	2338

SD Schooldays only

SH School Holidays only

GCB These journeys are operated by Go Cornwall Bus

FIRST These journeys are operated by First Bus

Sunday and bank holidays

buses towards Penzance

Service No	U4	U4	U4	U4	U4	U4	U4	U4	U4	U4
Falmouth The Moor A	0820	0920	1020	1120	1220	1320	1420	1520	1620	1720
Penryn Seven Stars	0830	0930	1030	1130	1230	1330	1430	1530	1630	1730
Tremough Falmouth Uni Penryn Campus	0837	0937	1037	1137	1237	1337	1437	1537	1637	1737
Rame Bus Shelter	0844	0944	1044	1144	1244	1344	1444	1544	1644	1744
Helston Tesco	0858	0958	1058	1158	1258	1358	1458	1558	1658	1758
Helston Blue Anchor Arr	0904	1004	1104	1204	1304	1404	1504	1603	1703	1803
Helston Blue Anchor Dep	0907	1007	1107	1207	1307	1407	1507	1607	1707	1807
Porthleven Harbour Bus Shelter	0919	1019	1119	1219	1319	1419	1519	1619	1719	1819
Ashton Lion & Lamb	0927	1027	1127	1227	1327	1427	1527	1627	1727	1827
Praa Sands Parc Morrep	0934	1034	1134	1234	1334	1434	1534	1634	1734	1834
Rosudgeon Falmouth Packet Inn	0941	1041	1141	1241	1341	1441	1541	1641	1741	1841
Goldsithney Collygree Parc	0945	1045	1145	1245	1345	1445	1545	1645	1745	1845
Marazion The Square	0956	1056	1157	1257	1357	1457	1557	1657	1757	1857
Long Rock Mexico Inn	1001	1101	1203	1303	1403	1503	1603	1703	1803	1902
Penzance Bus Station	1009	1109	1211	1311	1411	1511	1611	1711	1811	1910

buses towards Falmouth

Service No	U4	U4	U4	U4	U4	U4	U4	U4	U4	U4
Penzance Bus Station	0820	0920	1020	1120	1220	1320	1420	1520	1620	1720
Long Rock Mexico Inn	0827	0927	1027	1127	1227	1327	1427	1527	1627	1727
Marazion The Square	0832	0932	1032	1132	1232	1332	1432	1532	1632	1732
Goldsithney Collygree Parc	0840	0940	1040	1140	1240	1340	1440	1540	1640	1740
Rosudgeon Falmouth Packet Inn	0843	0943	1043	1143	1243	1343	1443	1543	1643	1743
Praa Sands Parc Morrep	0850	0950	1050	1150	1250	1350	1450	1550	1650	1750
Ashton Lion & Lamb	0858	0958	1058	1158	1258	1358	1458	1558	1658	1758
Porthleven Harbour Bus Shelter	0907	1007	1107	1207	1307	1407	1507	1607	1707	1807
Helston Seven Stars Arr	0916	1016	1116	1216	1316	1416	1516	1616	1716	1816
Helston Seven Stars Dep	0919	1019	1119	1219	1319	1419	1519	1619	1719	1819
Helston Tesco	0927	1027	1127	1227	1327	1427	1527	1627	1727	1827
Rame Bus Shelter	0939	1039	1139	1239	1339	1439	1539	1639	1739	1839
Tremough Falmouth Uni Penryn Campus	0947	1047	1147	1247	1347	1447	1547	1647	1747	1847
Penryn Spar	0955	1055	1155	1255	1355	1455	1555	1655	1755	1855
Falmouth The Moor A	1008	1108	1208	1308	1408	1508	1608	1708	1807	1907